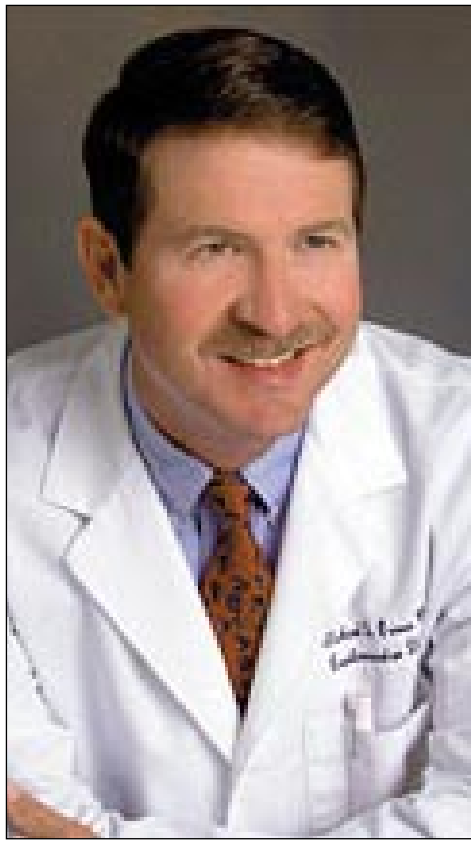


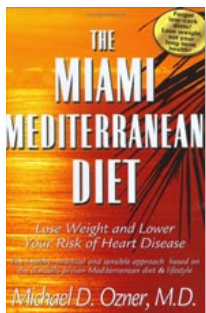
# MICHAEL D. OZNER, MD



## ABOUT THE BOOK

Dr. Michael Ozner has written more than another diet book—he offers a lifestyle book that not only supports weight loss, but promotes heart health and reduces the risks of cancer, stroke and diabetes. The principles outlined in ***The Miami Mediterranean Diet*** are practiced, naturally, by millions throughout the Mediterranean. Clinical trials conclude that this region has the lowest incidence of heart disease and longest life expectancy in the world.

### Excerpt from Forward



The enemy is quite formidable. It kills more people than all the wars we have previously fought. Every 30 seconds it claims another victim... Its name is cardiovascular disease.

*Can we defeat cardiovascular disease and its manifestations (heart attack, stroke, peripheral vascular disease)?*

The answer is yes!

***Whether you are discovering the keys to longevity, helping your workforce implement preventive healthcare or learning how to reduce your company's health-related expenses...healthcare is a bottom-line issue.***

If your audience members care about their own longevity, the well-being of their employees and company profits, then Dr. Michael Ozner has some important messages to share with them. A board certified cardiologist, Michael D. Ozner, MD, FACC, is also a best-selling author and popular speaker. Zealous about wellness and preventive healthcare, he is the medical director of Wellness & Prevention, Baptist Cardiac & Vascular Institute at Baptist Hospital of Miami. He is a clinical assistant professor at the University of Miami School of Medicine, and has previously served as chairman of the American Heart Association of Miami.

Dr. Michael Ozner offers compelling and thought-provoking discussions on a variety of health-related issues. He is passionate about improving healthcare for individuals and companies, across the country. His messages are practical and invaluable. While the issues at hand are serious, Dr. Ozner is entertaining, engaging and, often, humorous.

Currently working on a third book to be released in the fall of 2007, Dr. Ozner has already penned ***Prevent Your First Heart Attack and The Miami Mediterranean Diet***. A frequent guest on radio and TV programs, he also directs an annual symposium which highlights the advances made in preventive cardiology.

If your audience is made up of busy, high-powered, overworked executives, then they need to hear Dr. Ozner. If your audience of people managers and HR directors are seeking ways to ensure a happier, less stressed and more productive workforce, they need to hear Dr. Ozner. If your audience of number-crunchers and financial executives is focused on saving money, then they need to hear Dr. Ozner. Some of the most popular topics which Dr. Ozner addresses includes:

- The Keys to Longevity: What Giovanni Knows that You Don't
- Health Management for Busy Executives
- How to De-Stress Your Fast-Paced Life
- Reducing Healthcare Costs
- America's Industry of Intervention

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